August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00AM - Brain Game (DB-LR) 10:30AM - Balloon Volley 11:00AM - Weekend Fitness 1:00PM - Midday Meditation 1:30PM - Finish The Phrase 2:30PM - Afternoon Social 3:00PM - Armchair Travel 4:00PM - Puzzles 7:00PM - Movie Night
2 10:30AM - Word Game (DB-LR) 11:00AM- Morning Warm Ups 1:00PM - Midday Relaxation 1:30PM - Bingo 2:30PM - Afternoon Social 3:00PM - Alphabet Game 4:00PM - Hand Massages 6:00PM - Hangman 7:00PM - Celine Dion Concert	3 10:00AM - Brain Game (DB-LR) 10:30AM - Balloon Volley 10:30AM- Scenic Drive 11:15AM - Fox Fitness 2:00PM- Brian Frank (PC-LR) 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Poetry by the Bird Cage 6:00 - Trivia	4 10:30AM -Cranium Crunches 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:PM -Craft Time 2:30PM- Afternoon Social 3:15PM -Fox Fitness 4:00PM - Word in a Word (DB-P) 6:00PM - Puzzles 7:00PM - Current Events	5 10:00AM - Brain Game (DB-LR) 10:30AM - Building Blocks 11:15AM - Fox Fitness 1:00PM - Midday Meditation 2:00PM - Bingo 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Puzzles 7:00PM - Trivial Pursuit	6 10:00AM - Word Game (DB-LR) 10:30AM - Hand Massage 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:15PM -Craft Time 3:15PM - Fox Fitness 4:00 - Hot Potato 6:00PM - Current Events 7:00PM - Trivia	7 10:30AM- Music Therapy (Ted Jordon) 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:00PM - Bingo 2:30PM - Birches Beach Social 3:15PM - Fox Fitness 4:00PM - Puzzles 7:00PM - Hangman	8 10:00AM - Word Game (DB-LR) 10:30AM -Sensory Coloring 11:00AM - Weekend Fitness 1:00PM - Midday Relaxation 1:30PM - Match Game 2:30PM - Afternoon Social 3:00PM - Armchair Travel 4:00PM - Puzzles 7:00PM - Movie Night
9 10:00AM - Brain Game (DB-LR) 11:00AM - Weekend Fitness 1:00PM - Midday Relaxation 1:30PM - Bingo 2:30PM - Afternoon Social 3:00PM - Famous People Trivia 4:00PM - Hot Potato 6:00PM - Current Events 7:00PM - Name That Tune	10 10:00AM -Brain Game (DB-LR) 10:30AM - Hand Massage 11:15AM - Fox Fitness 1:30PM -Midday Mediation 2:00PM - Russell Norkevich (Bistro) 3:15 - Fox Fitness 4:00 - Poetry by The Bird Cage 6:00 - Music Therapy 7:00- Current Events	11 10:00AM - Brain Game (DB-LR) 10:30AM -Sensory Coloring 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:15PM -Craft Time 3:15PM - Fox Fitness 4:00PM - Outside TRIVIA (DB-P) 6:00PM - Current Events 7:00PM - Trivia	12 10:00AM - Brain Game (DB-LR) 10:30AM - Puzzle 11:15AM - Fox Fitness 1:00PM - Midday Meditation 2:00PM - Bingo 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Armchair Travel 7:00PM - Trivia	13 10:00AM -Word Game (DB-LR) 10:30AM - Hand Massage 11:15AM - Fox Fitness 1:30PM -Midday Meditation 2:15PM -Shake & Bake with Maggie 3:15PM - Fox Fitness 4:00-6:00 -Luau Party 7:00 - Movie Night	14 10:00AM - Brain Game (DB-LR) 10:30AM -Building Blocks 11:15AM - Fox Fitness 1:30PM -Midday Meditation 2:00PM - Bingo 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Alphabet Game 7:00PM - Finish The Phrase	15 10:00AM - Brain Game (DB-LR) 10:30AM - Hand Massage 11:00AM - Weekend Fitness 1:00PM - National Relaxing Day 1:30PM - Mini Golf 2:30PM - Afternoon Social 3:00PM - Armchair Travel 6:00PM -Current Events 7:00PM - Movie Matinee (Musical)
16 10:00AM - Word Game (DB-LR) 10:30AM - Balloon Volley 11:00AM - Weekend Fitness 1:30PM - Bingo 2:30PM - Afternoon Social 3:00PM - Remembering Elvis 4:00PM - Letter Game 6:00PM - Current Events 7:00PM - Elvis Concert	17 10:00AM - Brain Game (DB-LR) 10:30AM- Scenic Drive 11:15AM - Fox Fitness 1:30PM - Baby Boomers Day 2:00PM - Joe Farara (PC-LR) 2:30PM- Afternoon Social 3:15PM - Fox Fitness 4:00PM - Poetry by the Bird Cage 7:00PM - Sing Along	18 10:00AM - Word Game (DB-LR) 10:30AM - Hand Massage 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:15PM -Craft Time 2:30PM Afternoon Social 3:15PM - Fox Fitness 6:00PM - Current Events 7:00PM - Trivia	19 10:00AM -Word Game (DB-LR) 10:30AM - Balloon Volley 11:15AM - Fox Fitness 1:00PM - Midday Meditation 2:30PM - Afternoon Social 3:15 - Fox Therapy 3:45 - Armchair Travel 6:00 - Sing Along 7:00 - Current Events	20 10:00AM - Brain Game (DB-LR) 10:30AM -Hand Massage 11:15AM - Fox Fitness 1:30PM -Midday Meditation 2:15PM -Shake & Bake with Maggie 2:30PM - Afternoon Social 3:15PM - Fox Fitness 6:00PM - Current Events 7:00PM - Trivia	21 10:00AM - Word Game (DB-LR) 10:30AM -Senior Citizen Day! 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:00PM - Bingo 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Alphabet Game 7:00PM - Sing Along	22 10:00AM - Word Game (DB-LR) 10:30AM - Balloon Volley 11:00AM - Weekend Fitness 1:00PM - Midday Relaxation 1:30PM - Hot Potato 2:30PM - Afternoon Social 3:00PM - Alphabet Game 4:00PM - Puzzles 7:00PM - Movie Night
23 110:00AM - Brain Game (DB-LR) 10:30AM - Sensory Coloring 11:00AM - Weekend Fitness 1:30PM - Midday Relaxation 2:30PM - Afternoon Social 3:15PM - Corn Hole Toss 4:00PM -Hangman 6:00PM - Current Events 7:00PM - Sing Along	24 10:00AM - Word Game (DB-LR) 10:30AM - Finish The Phrase 11:15AM - Fox Fitness 2:00PM - Calvin Pressley (PC-LR) 2:30PM- Afternoon Social 3:15PM - Fox Fitness 4:00PM - Poetry by the Bird Cage 6:00PM - Current Events 7:00PM - Trivia	25 10:00AM - Brain Game (DB-LR) 10:30AM - Hand Massage 11:15AM - Fox Fitness 1:00PM - Midday Meditation 1:30PM - Name That Tune 2:30PM - Craft Time 3:15 - Fox Fitness 6:00PM - Hot Potato 7:00PM - Andre Rieu Concert	26 10:00AM - Word Game (DB-LR) 11:15AM - Fox Fitness 1:00PM - Midday Meditation 2:00PM - Memory Makers (PC-LR) 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Balloon Volley 6:00PM - Trivial Pursuit 7:00PM - Current Events	27 10:00AM - Word Game (DB-LR) 10:30AM -August Trivia 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:15PM -Shake & Bake with Maggie 2:30PM - Afternoon Social 3:15PM - Fox Fitness 3:45PM - Armchair Travel 6:00PM - Sing Along	28 10:00AM - Brain Game (DB-LR) 10:30AM -Hand Massage 11:15AM - Fox Fitness 1:30PM - Midday Meditation 2:30PM - Afternoon Social 3:15PM - Fox Fitness 3:45PM - BINGO 6:00PM -Current Events 7:00PM - Trivia	29 10:00AM - Hand Massages 10:30AM - Alphabet Game 11:00AM - Morning Warm Ups 1:00PM - Midday Relaxztion 1:30PM - Bingo 2:30PM - Afternoon Social 3:00PM - Bowling 4:00PM - Trivia 7:00PM - Movie Musical
30 10:00AM - Word Games 10:30AM - Balloon Volley 11:00AM - Morning Warm ups 1:00PM - Midday Relaxation 1:30PM - Name That Tune 2:30PM - Afternoon Social 3:00PM - Trivia 4:00PM - Coloring 6:00PM - Sing Along	31 10:00AM - Word Games 10:30AM - Balloon Volley 11:15AM - Fox Fitness 1:30PM - Midday Relaxation 2:00PM - Hot Potato 2:30PM - Afternoon Social 3:15PM - Fox Fitness 4:00PM - Poetry by The Bird Cage 7:00PM - Hangman					

The Birches at Newtown

Daybreak